Development of the Allied Health Professionals (AHPs) Active and Independent Living Improvement Programme (AILIP)

AHPs: Driving Quality and Transforming Care Across Scotland

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Who are AHPs (Allied Health Professionals)?

*Allied Health Professions are a distinct group of health professionals who apply their expertise to prevent disease transmission, diagnose, treat and rehabilitate people of all ages and all specialities.

Together with a range of technical and support staff they may deliver direct patient care, rehabilitation, treatment, diagnostics and health improvement interventions to restore and maintain optimal physical, sensory, psychological, cognitive and social functions."

* Definition from International Chief Health Profession Officers
Who are AHPs (Allied Health Professionals)?

- AHPs enable prevention, early intervention and supported self management across people’s life course
- Working across sectors, with the whole person; addressing health and wellbeing, supporting active and independent living
Who are AHPs (Allied Health Professionals)? Where you will find us working......
Who are AHPs (Allied Health Professionals)?
Who we work with……..

Early Years

Working with children and young people – supporting their development, maximising their independence, helping to bridge transitions
Who are AHPs (Allied Health Professionals)?
Who we work with……..

People Of Working Age

Vocational Rehabilitation supports people to stay in work, get back to work or find work. Having a job contributes to individual health and wellbeing and helps reduce health inequalities
Older People

AHPs are key to integrated health and social care. As enablers we work with a range of partners in health, social care and the Third and Independent Sectors so that people can achieve their goals, remain connected, are active citizens and contribute to their communities. AHPs deliver sustainable health and social care.
Who are AHPs (Allied Health Professionals)?

Who we work with……..

- Allied Health Professions are the 3rd largest group 12,000 in health 500 in social care (1% total social care workforce but responsible for 35% of adult referrals – taken from English paper for COT)

- 1st point of contact practitioners (diagnostic, therapeutic and rehabilitation) – In excess of 2 million new patients and 5 million attendances in health alone

- Only professions skilled in rehabilitation and enablement on point of registration – closely linked to the outcomes of integration

- Only professional group directly employed by BOTH health and social care
What have AHPs been working on to improve SCOTLAND’s Health and Wellbeing

Allied Health Professionals
National Delivery Plan
2012 - 2015

- Visionary
- AHP Visibility
- AHP Impact
- AHP Contribution
- AHP National Alignment
What have AHPs been working on to improve SCOTLAND’s Health and Wellbeing

Core Principles of the AHP NDP

Partnership approach with the people we work with, harnessing their abilities and maximising their independence.

Rehabilitation, enablement and self management approaches delivering more sustainable and cost effective care.

Specialist care can be delivered in community settings/ person’s own home.

Professional leadership (and team) can be from professions other than medicine.
Falls: the scale of the challenge

Of the 946,864 people aged 65+ in Scotland:

- 35% (331,401) had a fall
- 15% (142,029) fell twice or more

Of those that fell:

- 10% (33,140) attended a GP (11%, 2011)
- 15% (49,710) attended an ED or a MIU
- 12% (39,768) called an ambulance (13.5%; 45,000)
- 4% (13,256) were admitted to hospital (5.8%; 19,442)
- 1.2% (3,976) sustained a hip fracture (1.7%; 5,636)

In 2011, community health teams across Scotland were referred approximately 8% (26,400) of people who fall for assessment and rehabilitation.

In 2011, managing the consequences of cost Scotland £471 million+

- 45% Long Term Care
- 40% NHS
- 15% Care at Home

(Rising to £666m)

Craig, 2012
The National Falls Programme in Scotland (2010 – present)

Stage One
Supporting active ageing, health improvement and self management

Stage Two
Identifying high risk of falls and/or fragility fractures

Stage Three
Responding to an individual who has just fallen and requires immediate assistance

Stage Four
Co-ordinated management including specialist assessment

The Up and About Pathway (2010)
Some achievements to date

**Community Alarm Pathways**

*Falkirk*

- Reduction in rate of falls amongst Community Alarm Clients.

**Up and About in Care Homes Collaborative**

*Three partnership areas; 39 care homes*

- Reduction in number of falls.
- Reduction in falls with harm.

**Scottish SAS Integrated Community Falls/Frailty Pathways**

*Thirteen partnership areas*

- Providing ongoing care and support to improve recovery, restore independence and prevent future falls.
- 18% reduction in conveyance to A&E.
What are the AHPs Challenges

Lack of Public Awareness

➢ Who we are
➢ What we do
➢ Where we work
➢ How to access our services (perception to access services you must go to the GP)

AHPs do not engage and utilise third sector services enough

Still too much duplication and limited integration between Health and Social Care resulting in confusion and frustration
What’s Next

• Announced by the Minister for Public Health in May 2015 for launch in April 2016
• Building on the successes of the AHP National Delivery Plan
• Improvement advisors to support any future work streams
• Programme will be informed by the feedback from all the engagement events
• We require to develop an infrastructure and a programme that will deliver on key priorities and local drivers
• Align programme with the Living Well in Communities Programme
Why……

To ensure that the actions / recommendations that form the AILIP align with what our stakeholders told us was important to them

Representation from:
- Ambulance Service
- Education
- Fire Service
- Health
- Housing
- Independent Business Sector
- Leisure Services
- Police Services
- Service Users / Carers
- Social Care
- Third Sector
AHP Engagement Events
Engagement Events

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- Third Sector

- Approx. 1000 people attended
- Approx. 7500 pieces of feedback
Your Feedback

- What matters to YOU as an individual to keep you healthy, active and independent?

- Thinking about Health and Social Care Services what do you think we should focus on to make services the best they can be?
Workshop
AHP Engagement Events
Feedback

- Powerful Questions:
  - What matters to YOU as an individual to keep you healthy, active and independent?
    - Over 3000 comments
  - Thinking of what AHPs could do in Health and Social Care in the future; What should we focus on to make services the best they can be?
    - Over 3000 comments
  - Thinking of what AHPs could do in Health and Social Care in the future; What should we do first?
    - Over 1500 comments
Flexible/Timely 119
Pathways 103
Culture 59
Awareness 41
Technology 36
Transport 3

Availability 116
Transport 42
Affordable 22
External Service Awareness / Engagement

• General Public Awareness of AHP Services
• AHP working across services

Models Of Care

• Funding
• Measuring Impact
• Innovation
• Inclusiveness

Workforce

• Skill Mix
• Development
• Culture

Technology

• Innovation
• Everyday Practice